

PRAYER BEFORE WORK

**O Lord Jesus Christ, Only-begotten
Son of your eternal Father: You have said with your
holy lips: "Without Me, you can do nothing." My Lord, I
embrace your words with my heart and soul, and bow
before your goodness and say: Help me, your unworthy
servant, to complete this, my present undertaking, in
the name of the Father + and of the Son, and the Holy
Spirit. Amen.**

PRAYER AFTER WORK

**O Most sweet Jesus, You are the
fulfillment of all blessings. Fill my soul with joy and
gladness and save me. Grant that your Name be
glorified: for not to us, but to your Name are forever
due honor, glory, and adoration. Amen**